

# Lent and Easter 2024

This year, the Benefices of West and South Leightonstone will be joining together in their journey to Easter.

Lent is the forty days leading up to Easter Sunday. It's a time the church has used to focus on prayer, fasting and acts of charity as we prepare ourselves for the great events of Good Friday and Easter Sunday.

In ancient times, this was the time Christians prepared for their baptism as they left behind their old life, and committed to a new life with Jesus as Lord.



## Resources for Lent

The Church of England's Lent theme for 2024 is **Watch and Pray: Wisdom and hope for Lent and life.**

You can find details of the *daily reflections booklet*, the sign up for daily Lent reflection emails, and the opportunity to be advised when the app is available by [clicking here](#).

## Ash Wednesday.

*"Remember that you are dust, and to dust you shall return;  
turn away from sin and be faithful to Christ"*

Services of holy communion with ashing are particularly special times of communion and penitence as we start lent. We will have three ashing services to start our holy lent. These are:

Date	Place	Time	Leader
14 <sup>th</sup> February	St James, Spaldwick	7:00 a.m.	Revd Philip Howson
14 <sup>th</sup> February	St Andrews, Kimbolton	10:30 a.m.	Revd Pamela Sault, Revd Philip Howson
14 <sup>th</sup> February	St Leonard's, Catworth	7:00 p.m.	Revd Pamela Sault, Michael O'Callaghan

## Lent Groups

Lent groups are an opportunity to learn, pray and travel together. The lent groups available are:

Day and time.	Dates	Lead	Place	Contact for booking
Saturday. 8:45-10:15 a.m.	February: 17 <sup>th</sup> , 24 <sup>th</sup> March: 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> 23 <sup>rd</sup>	Philip Howson  Angela Deavall	The Rectory, Church Lane Tilbrook PE28 0JS	Philip on: 07946 206586 <a href="mailto:revphiliphowson@gmail.com">revphiliphowson@gmail.com</a>
Wednesdays. 2:00 p.m.	February: 14 <sup>th</sup> 21 <sup>st</sup> 28 <sup>th</sup> March: 6 <sup>th</sup> 13 <sup>th</sup>	Pamela Soult	6 Thrapson Road, Kimbolton PE28 0HW	Currently fully booked.  Pamela on: 01480 861836 Email: <a href="mailto:pamelasoult@aol.com">pamelasoult@aol.com</a>
Wednesdays. 7:30-9:00 p.m.	February: 21 <sup>st</sup> 28 <sup>th</sup> March: 6 <sup>th</sup> 13 <sup>th</sup>	Jon and Jenny Saunders	2, The Avenue, Leighton Bromswold	Jenny Saunders on:  Email: <a href="mailto:jennyannesaunders@gmail.com">jennyannesaunders@gmail.com</a>
Wednesdays. 7:30 p.m.	From 21 <sup>st</sup> February	Jen Forester	On Zoom	To join contact Helen Saxton: 07703 565646  Email: <a href="mailto:helen@saxtonsmith.co.uk">helen@saxtonsmith.co.uk</a>